

HEALTHY BABIES HEALTHY FUTURES AUTUMN E-NEWSLETTER 2022



What's been happening?

Welcoming our new Te Puna Manawa HBHF coordinator - Leah!

Completing a successful 2 day online wānanga

Over 60 enrolments in March to the E-learning program

\$200 kai vouchers delivered to māmā who have completed the CLP (E-learning)

142 registrations to date for TextMATCH

Here's what some māmā have been saying:

"In all honesty, this needs to be shared more. Having a fussy eating toddler myself we have actually been able to make improvements as for baby it's great to get support so that we are feeding her the right Kai..."

"...I loved the ones that had some parents sharing their experiences about sleep. It was super helpful. I also found the factsheets on the different stages helpful as something I'd like to work towards..."

"I felt our facilitator was very passionate about this subject and we were given lots of relevant up to date information..."

What's new...

Keep an eye out for updates on our new Instagram page!

@healthybabieshealthyfutures

Kīwaha - Give it a go!

Kei te whiti te rā? (Is the sun shining?)

Kei te whiti te rā. (The sun is shining.)

Check out these free events for you and your tamariki these school holidays:

PETER THE T.REX - Get up close to one of the rarest, most complete T. rex skeletons in the world as it goes on display for the first time ever at Auckland Museum - (Friday 15th April)
10:00 am - 5:00 pm

WHERE: Auckland Museum Auckland Domain, Parnell, Auckland 1010

TITIRANGI WRIGGLE & RHYME

WHERE: Titirangi War Memorial Hall
Time: Friday 29th April 11am-11.30am

INCREDIBLE KAI EXPERIENCE

WHERE: Auckland Botanical Gardens
Time: Friday 29th April 10am - 4pm

Flax weaving, Tuna (Eel) workshop with Concious kids, free hangi or vege curry, and more!

Get in touch for a kōrero:

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